



## Street by Street - The Creative Revolution!

### Do It Yourself STREET PARTIES!

#### HELPFUL HINTS from the LANTERN COMPANY

The Street by Street Creative Revolution activities have been specially designed to kick start the party, from your own home. You can enjoy them as stand-alone or connected activities to inspire families, friends and neighbours to come together in your block / street / local park, in a safe and socially distanced way, to connect and make a mini creative celebration.

This may seem very difficult during the COVID pandemic but as long as safety guidelines are kept to there is no reason why we can't still come together, be creative and celebrate.

[www.lanterncompany.co.uk](http://www.lanterncompany.co.uk)  
Instagram: @thelanterncompany  
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# STREET DANCE BY CHOREOGRAPHER SALLY HENDRY

## DANCE LIKE THE NEIGHBOURS AREN'T WATCHING! 😊

Making and Creating your own Dance with your family, friends and your neighbours!

### INTRODUCTION

In this workshop you will learn a dance that you, your family and your neighbours can groove to together! This Covid friendly box style dance can be done at home by one or more people. You can also take this one step further and make it unique to your street. You can do this by creating your own moves, choosing your own music and naming your dance and perform it at all sorts of celebrations and occasions for many years to come.

### WHAT YOU WILL NEED

- Yourself!
- Some family, friends, neighbours
  - 2m around you, a speaker to play the music – ‘Good Times by CHIC’ is the song i have gone for but feel free to try your own choice
- You will also need the instructions and plenty of creativity!

[Download instructions \(PDF\)](#)



## STEPS – INSTRUCTIONS



Take 2 steps to the right while looking to the left – and add some bounce to it!

**Adaptation** – Move your body to your right twice – this could be arms, body and/or doing the legs! Whatever works best for your body!



Take two steps to the left and add a bounce in the middle of the step, bring your arms out on the step out and bring them together at stomach height when you step your feet together, repeat this twice!

**Adaptation** – Move your body to your left twice – this could be arms, body and/or doing the legs!

Whatever works best for your body!



Step your right foot forward and add some fun arms, bring the foot back to centre

**Adaptation** – Give it some arms, or do the legs, you could also add a roll down and a roll up in these counts, make it your own!

Whatever works best for your body!



Then step your left foot back with fun arms and bring it all back to centre.

**Adaptation** – Give it some arms, or do the legs, you could also add a roll down and a roll up in these counts, make it your own!  
Whatever works best for your body!



Shake your right leg and shake/flick your arms three times while turning to your left shoulder a quarter turn to face a new front of your square!

**Adaptation** – Shake/flick your arms 3 times – each time getting bigger and putting your arms towards the sky!



Finish it off with a jump up and clap and start the whole dance again!

**Adaptation** – Bounce, Jump or Clap on count 4 and start the whole dance again!



If you want to take it one step further...  
Create your own 2 counts of 8  
**GIVE IT LOTS OF ENERGY!**  
Now to add them together to create your own  
unique dance!



If you want to take it one step further... add  
your friends and family in the mix and find the  
best 4 counts of 8 that work for your group!  
Then you now have your own unique dance!  
  
Now just dance it out and pick your favourite  
song to dance to!



Adapt or create your moves to make a your  
unique dance with the material you have and  
teach it to your family and friends



Finally....get out into the street, create your  
2m space or boxes like we have done and  
dance, dance, dance!

## LINKS

Instagram: [@companyD.N.A](#)

[Download instructions \(PDF\)](#)